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If you have to cancel or reschedule an appointment, kindly notify us 24 hours prior to your scheduled appointment. If you cancel the day of your appointment, Inspire Health reserves the right to charge you \$75 for your appointment.

## □ "No Show"

Failing to appear for a scheduled appointment without prior notification is considered a "No Show." A "No Show" will result in a \$75 charge. Multiple "No Shows" may result in the relinquishment of services.

## ☐ Mobile Devices

We request all mobile devices (cell phones, PDA's, etc...) be placed in silent mode upon entering Inspire Health. While we understand clients occasionally must be available to take calls, we request you respect other clients' experiences and kindly step outside the office to do so.

## □ Socks

We require each client to wear socks while participating in pilates or therapy activities in the gym area. For your convenience, we do have socks available for purchase at the front desk.

## ☐ Our Pledge to You

If Inspire Health Staff has to cancel the day of a scheduled appointment, you will be credited \$75 towards service at Inspire Health. Inspire Health does reserve the right to provide another staff member of equal professional status to fulfill your appointment.

I verify that I understand and will abide by these policies.

Printed Name	Date	_
Client Signature		