MERRITHEW ™ EDUCATION

For training center contact information visit merrithew.com/education/wheretotrain

contact information please print				
Name:	Company name — if applicable:			
Address:				
City:	state /province:	Country:	Zip / Postal code:	
Phone day:	Evening:	Email:		
course registr	ration			
Space is limited ar	nd applications will be processed o	n a first come-first-served basis.		
Space will ONLY b	e reserved upon the receipt of app	olication and a 20% deposit of the co	urse fee.	
	nd workshops do not include requ to change without notice.	ired course materials, applicable taxe	es or exam fees.	
For full details on	cancellation and change policies c	ontact the training facility.		
Applicants under to the second control of the second control	the age of 18 are subject to registr	ation approval by the Senior Progran	n Director, Toronto Corporate Training Center.	
Some courses hav	e prerequisites.			
	ation may be required once applica umé / CV outlining education and	ation is received, experience and two letters of refer	ences.	
start date red	quested & course location	on		
course selecti	ion			
Comprehensive F	Program – STOTT PILATES*			
CMR Compreher	nsive Matwork & Reformer – 90 hrs -	- 60 hrs apprenticeship		
CCCB Comprehe	nsive Cadillac, Chair & Barrels – 50 h	rs + 40 hrs apprenticeship		
ISP Injuries & Spe	ecial Populations – 24 hrs			
FAR [AM, AR, AC	CB] Full Advanced Repertoire – 36 h	rs		
FULL [CMR, CCCE	B, ISP, AM, AR, ACCB] – 7 month prog	gram + 100 hrs apprenticeship		

The Comprehensive Program is only offered at the following locations: • Corporate Training Center , Toronto, ON, Canada • Bodycenter Studios , Seattle WA, USA • Calgary Pilates Centre , Calgary, AB, Canada • Equilibrium Pilates Studio , Bloomfield Hills, MI, USA • The SweatShop Health Club , St. Paul, MN, USA



Intensive Program – STOTT PILATES	Advanced Program – STOTT PILATES
FA Functional Anatomy – 30 hrs	ISP Injuries & Special Populations – 24 hrs
IMP Intensive Mat-Plus™ – 40 hrs	AM Advanced Matwork – 6 hrs
IR Intensive Reformer – 50 hrs	AR Advanced Reformer – 18 hrs
ICAD Intensive Cadillac – 25 hrs	ACAD Advanced Cadillac – 6 hrs
ICHR Intensive Stability Chair – 15 hrs	ACHR Advanced Stability Chair – 3 hrs
IBRL Intensive Barrel – 10 hrs	ABRL Advanced Barrel – 3 hrs
Instructor Foundation Course Programs	
ZM1 ZEN●GA [™] Instructor Foundation Course, Mat – 7 hrs	ZE1 ZEN●GA™ Instructor Foundation Course, Equipment – 7 hrs
CA1 CORE * Instructor Foundation Course – 7 hrs	TB1 Total Barre " Instructor Foundation Course – 7 hrs
relevant education Please list related degrees, diplomas, post-secondary or certificate courses	and workshops, including MERRITHEW education
Describe anatomy education: (for STOTT PILATES courses) Include number— e.g. musculoskeletal, anatomy, biomechanics	r of hours, when / where you studied and what topics were covered college / university course workshop / other

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List related certification — please specify: eg. ACE, AFAA
relevant experience
Outline your teaching experience — describe subject taught / years teaching
Describe your personal experience in dance, fitness or other body work — how many years / how recently
Outline Dilution (Cottott Diluties
Outline your Pilates experience (for STOTT PILATES courses) — describe when & where, indicate the STOTT PILATES method or other none 1-10 hrs 10-30 hrs 30+ hrs
personal information
Do you have any injuries, conditions or postural issues? Are you currently pregnant or have you recently given birth?
Failure to disclose any issues prior to enrollment may result in your removal from the course.
How did you hear about MERRITHEW and its education program?

Course Application

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Why are you interested in MEDRITHEW Education?	
Why are you interested in MERRITHEW Education?	
Are you using this course to fulfill continuing education credits?	Yes No
If yes, for what organization?	
payment method	
Deposit only Full payment MasterCard	VISA AMEX Cheque Money order
Card number:	
Name on card:	Signature:
Cancellation policy: If the student cancels their workshop or course enro	ollment less than four weeks prior to the start date of the
workshop or course, there will be no refund of monies paid. Where the stu	ident cancels their enrollment with greater than four weeks notice
the 20% deposit will be forfeited toward the cancellation fee.	
I hereby agree:	
I plan to attend all course hours:	Yes No
I certify that the information provided on this application is accurate.	
I understand that failure to provide accurate information may result in	n my removal from the certification program.
I have included the following:	
20% non-returnable/non-transferable course fee deposit	Full payment of course materials — optional
Proof of certification — if applicable	Two letters of reference — optional
Signature:	Date:
- Signature.	Juic.
email your application	
Send your application to info@inspireatlanta.com	

Course Application

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